



# U10 Provincial National Training Centre (NTC) Program 2014 – 2015

#### Program Description

This document outlines the Tennis Alberta U10 Provincial National Training Centre (NTC) Program for the 2014/2015 season (ending July 2015). The program has been designed to:

- Create more competitive opportunities for players according to Tennis Canada's Long Term Athlete Development (LTAD) model guidelines;
- Increase the overall number of competitive athletes within the province;
- Involve the club coaches in the Provincial Program;
- Facilitate exchange between clubs through team competitions.

The U10 Provincial National Training Centre (NTC) Program will consist of the following components:

- Three Club Team Competitions (players selected by club coaches);
- Two Provincial Training Camps (by invitation only);
- Two Interprovincial Competitions against other provincial teams such as British Columbia by invitation only (Please note that only the details for the first trip are available at this time. A second trip to Vancouver will be confirmed at a later date);
- One National Team Competition in Ontario.

### **Club Team Competitions**

- Each participating club will enter teams of three players consisting of two boys and one girl. Players are selected to participate in the Club Team Competitions by the coaching staff of each club. The club is responsible to pay or collect the team fees for each team competition.
- Coaches will be encouraged to sit on the bench for on-court coaching to maximize player development.
- Should any players of the required skill level not have a team, Tennis Alberta will attempt to facilitate either finding an existing team or creating a new one.
- The competition format will consist of two pools of teams who will play round-robins to determine a final placement. If two teams finish with the same win/loss record, the tie will be broken first by sets won, then games won.
- All teams will then cross over to play the team will the same final placement during round-robin play (e.g. 1<sup>st</sup> Pool A vs. 1<sup>st</sup> Pool B; 2<sup>nd</sup> Pool A vs. 2<sup>nd</sup> Pool B, etc.).
- Players will be selected to attend the Provincial Training Camps based on performance and behavior at the Club Team Competitions.

### Player Eligibility and Selections to Provincial Training Camps and Interprovincial Competitions

- Players must be born in 2005, 2006, or 2007.
- Selection to the U10 Provincial NTC Program will be made by Tennis Canada's National Coaching staff and Tennis Alberta's Director of High Performance, based on input from National Coaching staff, Tennis Canada's Director of High Performance, Tennis Canada's Fitness Specialist and Tennis Alberta's NTC Program Provincial coaches.
- Please note that previous competitive success or selection to other programs will not guarantee selection.
- Criteria for selection may consist of performance, parental support, willingness to compete in provincial events, ability to travel to events and camps, commitment to obtaining court time and adherence to training.
- Selections will be a combination of boys and girls, with no predetermined number of players. All players who are selected to the team and participate in the Provincial Training Camps will be reviewed before they are invited to the Interprovincial Competitions.
- Each team member will be required to sign an individualized player agreement that will also be signed his or her parent(s) and private coach. Details such as required competitions, fitness programs, areas for technical improvements as well as a code of conduct will be included in the agreement.
- Team fees: although the U10 NTC Program is heavily subsidized by Tennis Alberta and Tennis Canada, there will also be an element of player contribution of which will be due before the first training camp in October. Players who are invited to attend the Interprovincial Competitions will be required to pay additional fees to cover a portion of the travel expenses (all other costs are covered by TA).

## U10 Provincial NTC Program Schedule

(\*Times may change due to facility availability)

	Date and Times	Description	Venue
Team	September 14 <sup>th</sup> 2014	Club Team Competition #1.	Red Deer Indoor
Event	Sunday 9:00 am to 4:00 pm	Players will be selected to	Tennis Centre
#1		attend the Provincial	
		Training Camps based on	
		performance.	
Camp	October 25 <sup>th</sup> & 26 <sup>th</sup> 2014	U10 Provincial Training	Red Deer Indoor
#1	Saturday 3:00 pm to 7:30 pm	Camp	Tennis Centre
	Sunday 8:00 am to 12:00 pm		
Team	November 15 <sup>th</sup> & 16 <sup>th</sup> 2014	#2 Team Event	Red Deer Indoor
Event	Saturday 3:00 pm to 7:30 pm		Tennis Centre
#2	Sunday 8:00 am to 12:00 pm		
IP	November 21 <sup>st</sup> & 22 <sup>nd</sup> 2014	Inter Provincial Team event	Saskatoon, SK
Camp	Friday 3:00 pm to 7:30 pm	against Western Provinces	
#1	Saturday 8:00 am to 12:00 pm		
Camp	January 31 <sup>st</sup> & Feb 1 <sup>st</sup> 2015	U10 Provincial Training	Red Deer Indoor
#2	Saturday 3:00 pm to 7:30 pm	Camp	Tennis Centre
	Sunday 8:00 am to 12:00 pm		
Team	March 7 <sup>th</sup> & 8 <sup>th</sup> 2015	#3 Team Event	Red Deer Indoor
Event	Saturday 3:00 pm to 7:30 pm		Tennis Centre
#3	Sunday 8:00 am to 12:00 pm		
IP	April 10 <sup>th</sup> , 11 <sup>th</sup> & 12 <sup>th</sup> 2015	Inter Provincial Team Event	Kamloops, BC
Camp		against BC	
#2			
IP	May 22 <sup>nd</sup> , 23 <sup>rd</sup> & 24 <sup>th</sup> TBC	National Team Event	Toronto, Ontario
Camp			
#3			

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